

ANCHOR INN

AT LOWER FROYLE

Starters

Breads, <i>olive oil, balsamic</i>	4
Truffle Mac 'n' Cheese fritters	5.5
Heritage Tomatoes, <i>creamy buffalo mozzarella, basil vinaigrette</i>	6
St James' Scottish Smoked Salmon, <i>watercress, shaved fennel</i>	7/14
Crispy Bacon, Gem & Avocado Salad, <i>herb ranch dressing</i>	7
With added grilled chicken	16

Pub

Crispy-Battered Haddock, <i>chunky chips, minted peas, tartare sauce</i>	14
Seared Bream Fillet, warm Cornish new potato niçoise	16.5
British Brisket Burger, <i>ruby slaw, baby gem, fries, onion relish</i>	12.5
	add bacon 1
	add mature cheddar 1
Chicken, Tarragon & Creamy Leek Pie, <i>battered greens, mash</i>	14
Roast Cauliflower, <i>Persian-spiced lentils, spinach chickpeas, flatbread (vg, gf)</i>	13
Moving Mountain Vegan Burger, <i>vegan white cheddar, guacamole, fries (vg)</i>	14
Pan-Fried 8oz Rump Steak, <i>field mushroom, tomato, chunky chips, garlic & parsley butter</i>	18

A bit on the side

Buttered Greens & Runner Beans Heritage Tomato Salad Cornish New Potatoes Buttery Mash Parmesan Fries Chunky Chips	3.5 ea
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Sunday

<i>Served with roast potatoes, Yorkshire puddings, cauliflower cheese, seasonal greens & pan gravy</i>	17.50 ea
Slow-Roasted Pork Belly, Apple Sauce	
Roasted Chicken, Chipolata, Sage & Onion Stuffing	

Puddings

Lemon Tart, <i>crème fraiche</i>	6
Rhubarb & Custard Crumble Pie	6
Eton Mess Pavlova	6
Sticky Toffee Pudding	6
Dark Chocolate Brownie	6
	add scoop ice-cream 2
Selection of dairy ice cream/sorbets - three scoops	6

TO ORDER



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Pay as you
order & enjoy

If you have any food allergy or intolerance query, please speak to a team member who will be happy to help.

Please be aware that all our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present.

vg=vegan, v=vegetarian, gf=gluten free